



EMERGENCY KIT

This checklist will help you put together your Emergency Kit. Top priorities should be fresh water, food, and clean air, as well as any prescriptions you or your family members regularly take.

MINIMUM BASIC KIT CONTENTS:

- Water: one gallon per person per day for drinking and sanitation
- Food: at least a three-day supply of non-perishable food
- Filter mask: one per person

RECOMMENDED ADDITIONAL KIT CONTENTS:

- Battery powered radio and extra batteries
- Cell phone with chargers (solar and battery-powered)
- Flashlight and extra batteries
- First aid kit
- Sleeping bags or emergency blankets
- Matches in a waterproof container
- Bleach and medicine dropper: use in an emergency to purify drinking water (Use 16 drops of regular liquid chlorine bleach per gallon of water — do not use scented, color safe bleach, or those with added cleaners)
- Whistle or flares to signal for help
- Moist towelettes/hand sanitizer
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Plastic sheeting & duct tape to shelter-in-place
- Extra cash: small bills for emergency purchases
- Maps of the area
- Extra set of car and house keys
- Garbage bags and plastic ties for personal sanitation
- Unique family needs such as daily prescription medications, infant formula, diapers, and important family documents (IDs, insurance, etc.)